CLEAN · CLINICAL · PERSONALIZED

Clean · Clinical · Personalized

VITA WELLNESS BY C.J.

IV Therapy Menu

Educational content only. Not intended to diagnose, treat, cure, or prevent any disease. All services are provider-supervised and require an on-site assessment by a licensed clinician.

The Vita Standard

Wellness, delivered with intention, precision, and integrity.

Every Vita IV is administered by a licensed clinician following an on-site assessment, using pharmaceutical-grade compounds from licensed U.S. compounding pharmacies. Our sterile, pre-mixed formulas deliver the right nutrient combinations every time, reducing preparation risk, with no fillers and no compromises.

Why We Created Vita

Vita Wellness was founded on a simple conviction: that wellness deserves the same rigor, sourcing, and care as medicine itself. Too much of this industry chases trends and volume. We built Vita to be the opposite, where every formula, protocol, and visit is designed around one question. Is this genuinely good for the person in front of us?

We believe in clean inputs, honest education, and long-term wellbeing over quick fixes. We hold ourselves to clinical standards from sourcing to delivery, because the people who trust us deserve nothing less. That is the promise behind Clean, Clinical, Personalized.

Clean

Pharmaceutical-grade inputs from licensed U.S. compounding pharmacies. No fillers, no unnecessary additives.

Clinical

Licensed clinicians, on-site screening, and protocol-led care from first contact to final infusion.

Personalized

Pre-mixed formulas designed to support real, individual wellness goals.

What Sets Vita Apart

THE VITA DIFFERENCE

- High standards, never compromised
- Clean sourcing and full transparency
- Education-first approach
- Long-term wellness, not trends

OUR QUALITY STANDARD

- U.S.-based, FDA-regulated facilities
- 503A / 503B compliant pharmacies
- USP-aligned compounding practices
- Pharmaceutical-grade inputs and traceability

No fillers. No unnecessary additives. No compromises.

Your Visit, Step by Step

1

Assess

A licensed clinician reviews your health and goals on site.

2

Personalize

We tailor the formula and boosters to your needs.

3

Infuse

Relax while nutrients are delivered directly, wherever you are.

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Vita — $219

HYDRATION

Your everyday reset. Replenishes fluids and essential minerals to support hydration and overall wellness.

FORMULA
Mineral Blend (Zinc Sulfate · Copper · Magnesium Chloride · Manganese) · Vita Complex (B1 · B2 · B3 · B5 · B6) · Vitamin C

SUGGESTED ADD-ONS
Taurine · Magnesium Chloride · B12 · L-Lysine

The Comeback — $269

RECOVERY

Bounce back after a demanding night or long week with B-vitamins, minerals and antioxidant support.

FORMULA
Vita Complex (B1 · B2 · B3 · B5 · B6) · B12 · Magnesium Chloride · Glutathione

SUGGESTED ADD-ONS
Alpha-Lipoic Acid · Taurine

Triple Defense — $289

IMMUNITY

A focused antioxidant and immune-support infusion built around our Tri-Immune blend.

FORMULA
Tri-Immune (Vitamin C · Glutathione · Zinc)

SUGGESTED ADD-ONS
B12 · Extra Vitamin C · Vita Complex · L-Lysine

The Glow — $269

BEAUTY

Glutathione-powered radiance to support skin, hair and nails from within.

FORMULA
High-Dose Glutathione (1200 mg)

SUGGESTED ADD-ONS
B12 · Biotin · Vita Complex · Mineral Blend

NAD+ — $449

CELLULAR LONGEVITY

Cellular energy and longevity support. Our premium infusion, administered slowly for comfort. Prepared by a licensed U.S. compounding pharmacy and administered by our licensed nurses.

FORMULA
NAD+

SUGGESTED ADD-ONS
Pairs as a dedicated infusion. Ask about a B12 or Glutathione finish.

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Ignite — $289

ENERGY

Natural energy support for busy days and high-performance lifestyles.

FORMULA
Vita Complex (B1 · B2 · B3 · B5 · B6) · B12 · Amino Blend (Proline · Arginine · Lysine · Citrulline) · Magnesium Chloride · Taurine

SUGGESTED ADD-ONS
Alpha-Lipoic Acid · Glutathione · L-Carnitine

Endure — $319

ATHLETIC RECOVERY

Recover and perform. Built for active bodies and post-training replenishment.

FORMULA
Amino Blend (Proline · Arginine · Lysine · Citrulline) · Vita Complex (B1 · B2 · B3 · B5 · B6) · Mineral Blend (Zinc Sulfate · Copper · Magnesium Chloride · Manganese) · Alpha-Lipoic Acid

SUGGESTED ADD-ONS
Magnesium Chloride · Glutathione · Vitamin C

Bloom — $319

WOMEN'S VITALITY

A comprehensive vitality and radiance blend designed with women in mind.

FORMULA
Amino Blend (Proline · Arginine · Lysine · Citrulline) · Mineral Blend (Zinc Sulfate · Copper · Magnesium Chloride · Manganese) · Vita Complex (B1 · B2 · B3 · B5 · B6) · Tri-Immune (Vitamin C · Glutathione · Zinc) · B12

SUGGESTED ADD-ONS
Taurine · L-Carnitine · Alpha-Lipoic Acid

Clarity — $299

ANTIOXIDANT RESET

A clean antioxidant reset for body and mind.

FORMULA
High-Dose Glutathione · Vitamin C · Vita Complex (B1 · B2 · B3 · B5 · B6) · Mineral Blend (Zinc Sulfate · Copper · Magnesium Chloride · Manganese)

SUGGESTED ADD-ONS
L-Lysine · N-Acetyl Cysteine · L-Carnitine · Alpha-Lipoic Acid

Vita Custom — from $229

PERSONALIZED BLEND

Your IV, your way. Built with your clinician around your goals. Start with your choice of one Core booster, and add as many more as you like.

FORMULA
Hydration base · Vita Complex (B1 · B2 · B3 · B5 · B6) · Mineral Blend (Zinc Sulfate · Copper · Magnesium Chloride · Manganese), all included, plus your choice of any 1 Core booster

SUGGESTED ADD-ONS
Glutathione · Vitamin C · Tri-Immune · NAD+ finish

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Add-ons & Boosters

Personalize any IV with targeted boosters. Your clinician can recommend the right additions based on your goals and on-site assessment.

CORE

Calcium Chloride	**$25**	L-Arginine	**$25**
L-Proline	**$25**	L-Lysine	**$25**
B6	**$30**	Magnesium Chloride	**$30**
Taurine	**$30**	Hydroxocobalamin (B12)	**$35**
Vitamin D3	**$35**	Biotin	**$35**
Alpha-Lipoic Acid	**$40**	N-Acetyl Cysteine (NAC)	**$40**
L-Carnitine	**$40**	Mineral Blend	**$40**
Vita Complex	**$45**	Amino Blend	**$45**

PREMIUM

Vitamin C	**$50**	Tri-Immune	**$65**	Glutathione	**$69**

Medication-based items are administered only after medical screening and provider approval, when clinically appropriate. Boosters are added during your scheduled visit at no additional nurse fee.

Booking & Policies

Deposit. A $75 deposit secures your appointment and applies in full toward your service.

Cancellation. With 12 or more hours notice, your deposit is fully refunded or moved to a new date. Under 12 hours, and no shows, the deposit is forfeited.

Lateness. Arrivals 15 to 60 minutes late include a $50 late fee. More than 1 hour late counts as a missed appointment.

Travel. Free within 15 miles of our Edgewater base; a $30 transportation fee applies beyond 15 miles. Parking, valet or building access fees are the client's responsibility.

Screening. Please complete your health intake form before your visit. If not completed, our nurse will complete it with you on arrival. All services require a health screening at the clinician's discretion.

Refunds. See our full Cancellation & Refund Policy at vitawellnessbycj.com/cancellation-refund-policy/

Disclosure. Disclose all medical conditions, medications, allergies, and pregnancy or breastfeeding status before treatment. Certain services may not be suitable.

General. Services support general wellness, are not a substitute for medical care, and individual results are not guaranteed. Full payment is due at time of service. Prices subject to change.

Services are provided through licensed professionals and require appropriate medical oversight. Products are sourced from licensed U.S. compounding pharmacies operating under 503A and 503B frameworks. Content is for educational purposes only and does not constitute medical advice. These statements have not been evaluated by the FDA. Not intended to diagnose, treat, cure, or prevent any disease.

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